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#### Homework

- Review your notes, the book, etc.
- · Find one learning point that you can relate to an experience
- · Come to the next session prepared to explain this

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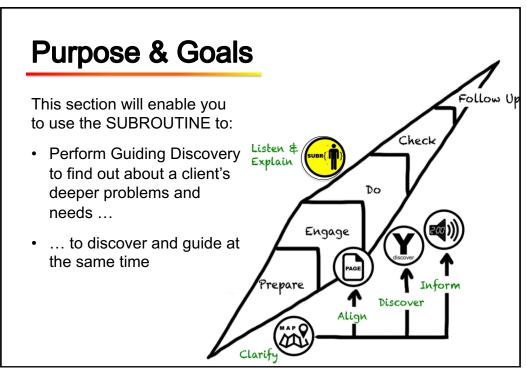
#### **Difficult Encounters**

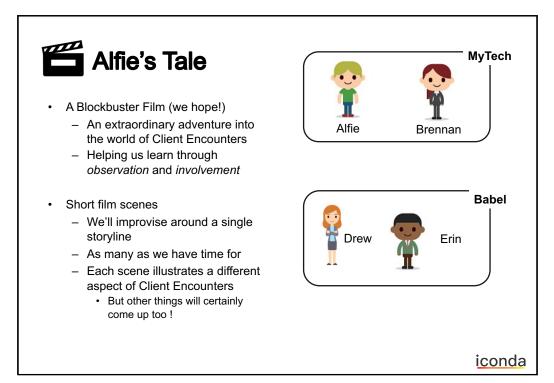


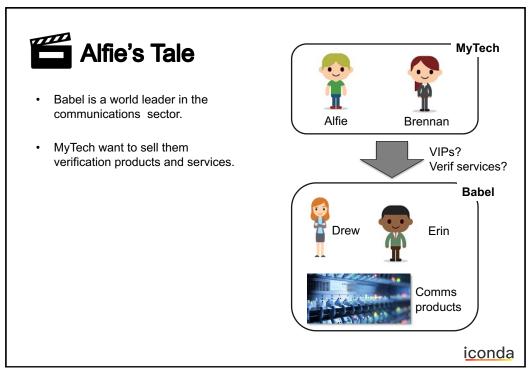
Guiding Discovery
Finding the moss under hidden stones

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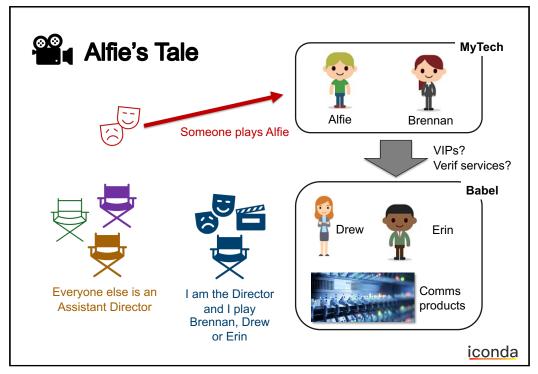
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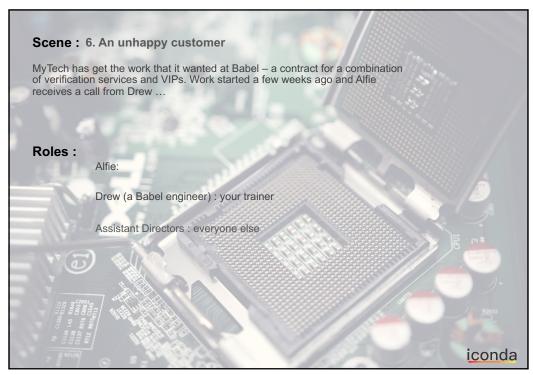


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#### **Limitations of Learning Discovery**

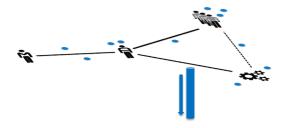
- · Asking questions won't work if the client can't answer them
  - The situation is complex/unclear?
  - They have difficulty disclosing certain information?
  - Other ...?
- · We often receive superficial/incomplete answers
  - Don't short-circuit by making suggestions straight away!
- « Quick and easy » has low value
  - Careful questioning augments the value of any proposed solution

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#### **Another Dimension to Discovery**

Learning Discovery ensures good coverage of topics

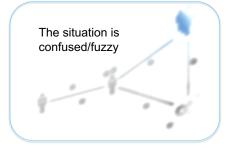


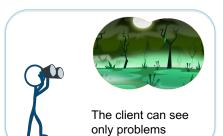
Guiding Discovery gives us more depth and clarity

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## **Examples**

• "This machine is driving me nuts – it's useless!"



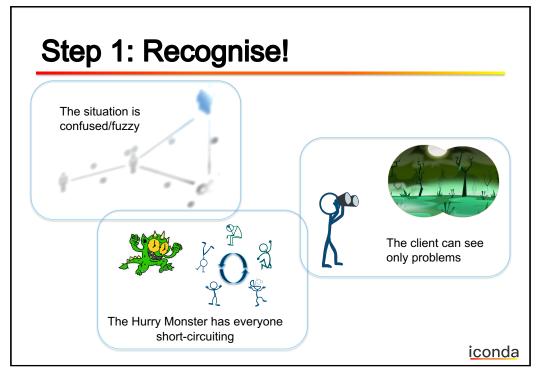
• "Their packages are too complicated!"



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## Step 2: Aim!



Decide what we're aiming for (the *desired* situation)

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## **Examples**

• "This machine is driving me nuts - it's useless!"



• "I want to finish these simulations this week, but ...

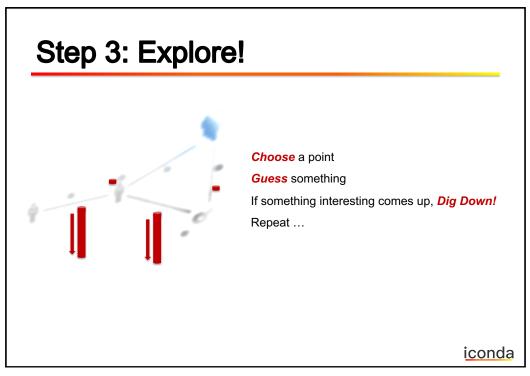
- "Their packages are too complicated!"
- "I'm trying to understand how to install ..."



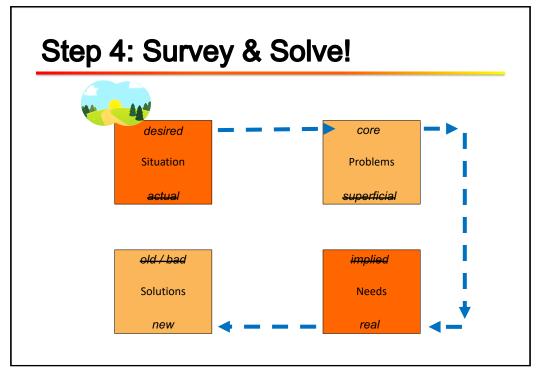
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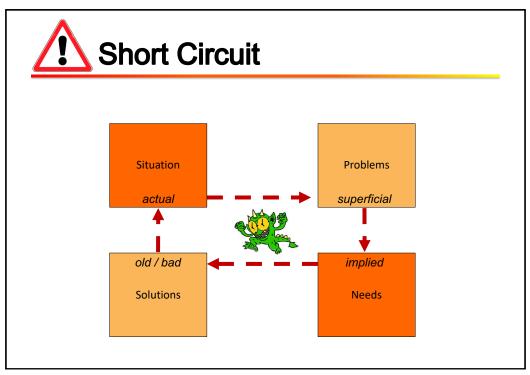
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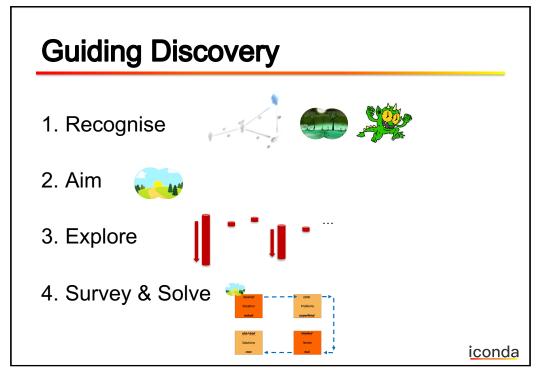
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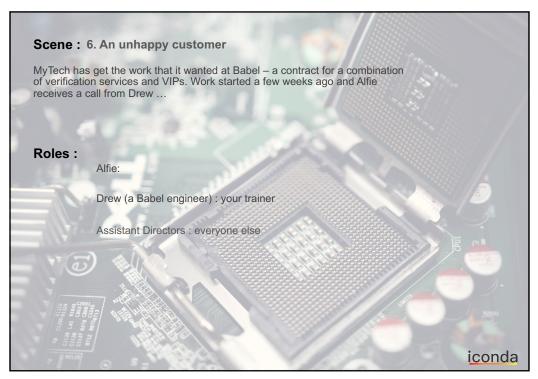
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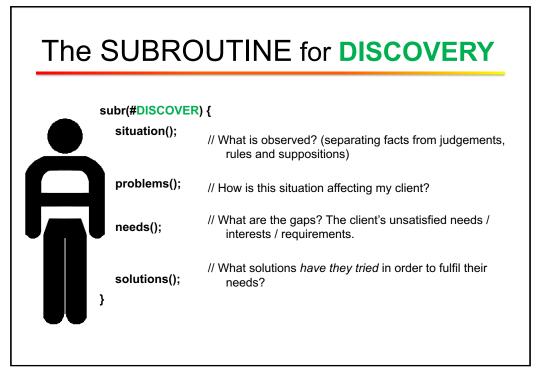
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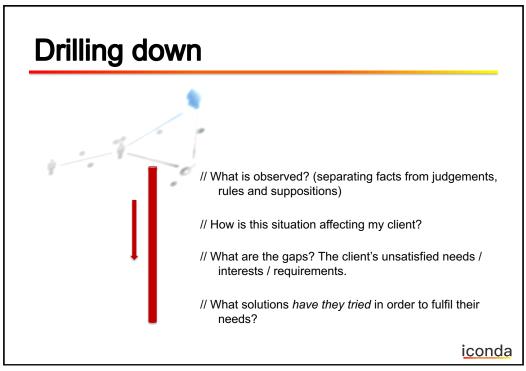
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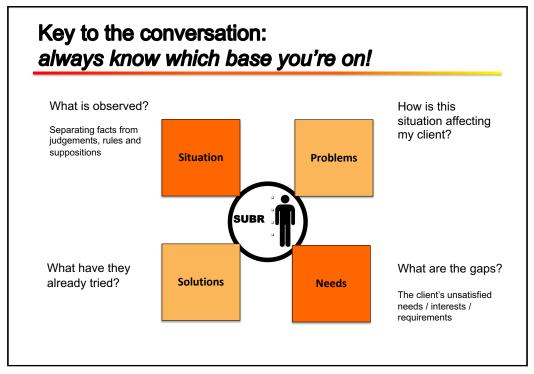


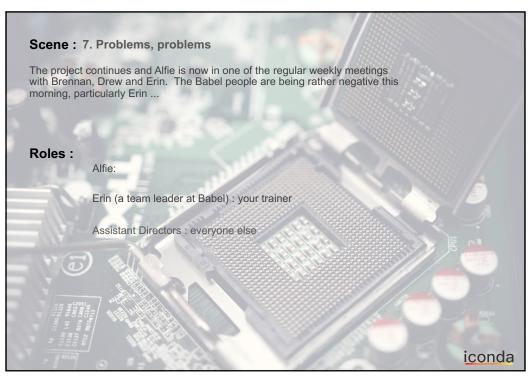
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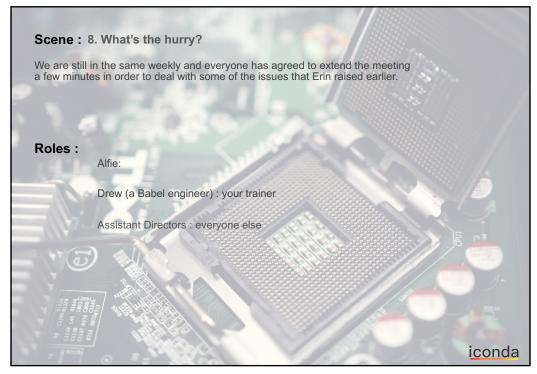
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# Multiple choice

Comment	Situation	Problem	Need	Solution
I've been stuck on this bug for hours!				
I'm feeling pretty bad				
There was an accident				
That guy is wonderful!				
The plane was cancelled! I'll never make it in time!				
It crashes every 6 hours				
My cousin is an expert in this				
I don't like the way this project is run				

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# Multiple choice II

Stimulus	Response	Short Ckt	Learn'g Disc'y	Guiding Disc'y
I've been stuck on this bug for hours!	Try Google!			
I'm feeling pretty bad	You mean ill-bad or tired-bad or just in a bad mood?			
There was an accident	What sort of accident?			
That guy is wonderful!	I'll arrange for you to meet him!			
The plane was cancelled! I'll never make it in time!	And what would happen if you don't go? What's the purpose of the visit?			
It crashes every 6 hours	What have you tried to fix it?			
My cousin is an expert in this	What's his experience?			
I don't like the way this project is run	Is it that you'd you like to have more say in the way things are done?			

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#### **Learning Check**

- Having found out about your client's situation, the next step is to discuss an action plan.
- A client will cooperate when you help him to clarify his problems and needs.



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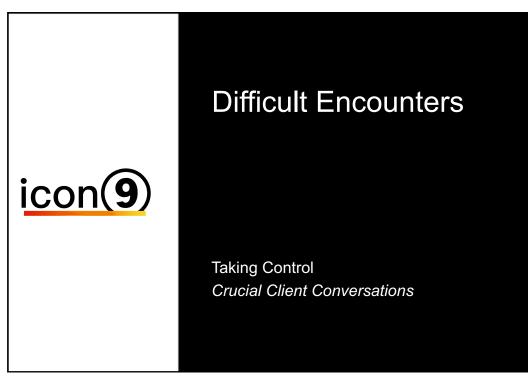
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#### **Learning and Guiding Discovery**

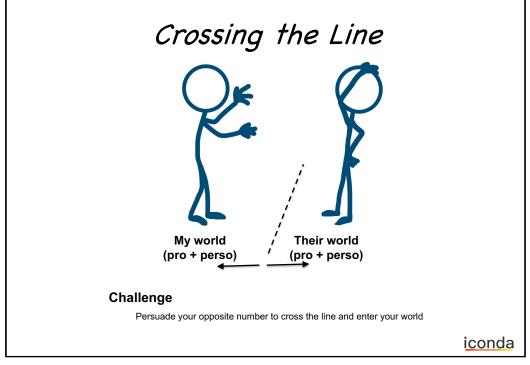
- Learning Discovery is about ASKING the right questions
- Guiding Discovery involves PROMPTING the client to reveal deeper Problems and Needs
- Short Circuits happen when you SUGGEST Solutions too early



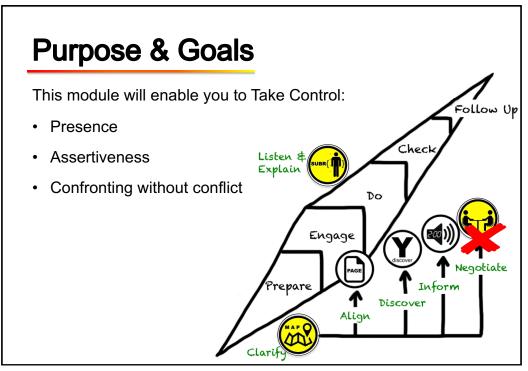
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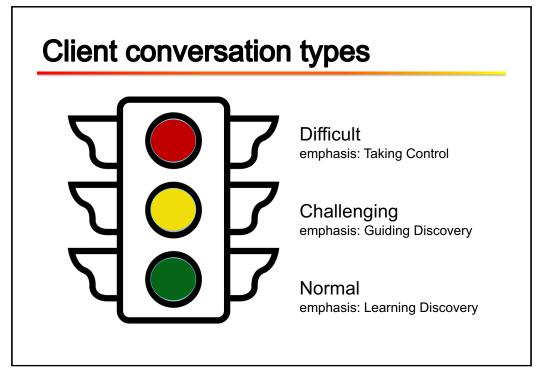


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#### **Take Control of What?**

- · Consider a meeting of six people
  - · Myself
  - · A colleague
  - My boss
  - · My opposite number (the engineer that I support)
  - · Their colleague
  - · Their boss

What must I take control of?

The outcome as far as it affects me personally and professionally

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#### **Example: Product Problem**

- I meet a client to discuss a product problem
- Outcome:
  - They agree to gather more data on the problem
  - I agree to run certain tests
  - We agree on a call in two day's time to assess progress

Did I take control? (or maintain adequate control)

- · Yes, if this outcome is acceptable to me
- No, if I could see that the problem was on the client's side and I had felt like saying 'no' to their request for tests

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#### **Example: Information Problem**

- · A client asks me to present something
- Outcome:
  - I make a presentation
  - They thank me, saying that it has given them new ideas

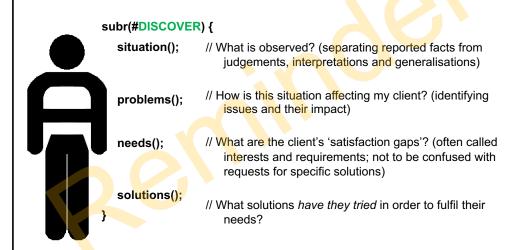
Did I take control? (or maintain adequate control)

- · Yes, if this outcome is acceptable to me
- No, if I needed information from the client on their needs and the alternatives under consideration (and they either ignored my requests for this, or I didn't even ask)

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#### The SUBROUTINE for DISCOVERY



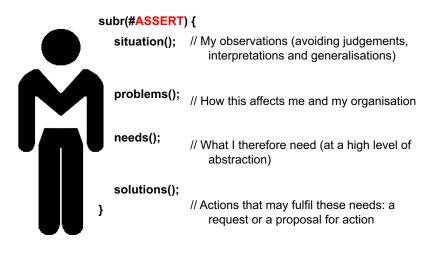
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# When is Assertive Communication Needed?

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#### The SUBROUTINE to ASSERT MYSELF



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#### Aspect #1

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Observations

I start with observations, striving to be factual.

Why is this a good place to start?

What does a high-quality observation look like?

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# Why is "Observations" a good place to start?

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#### It's safer!

1. For them

Facts are less likely to trigger defensiveness than interpretations

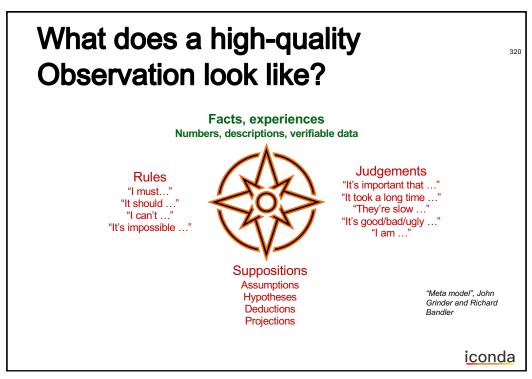
2. For me

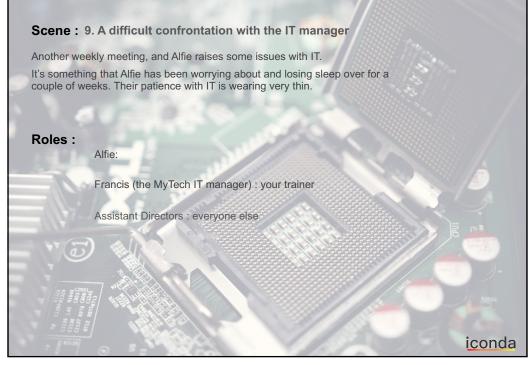
If the conversation could put me in danger, then I may recognise this before exposing myself unwisely

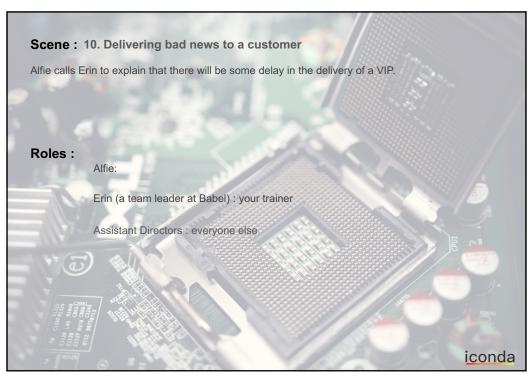


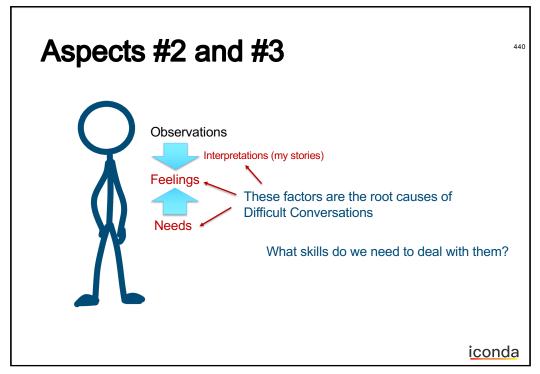
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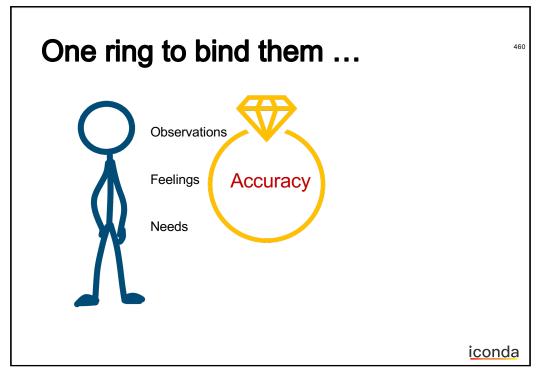






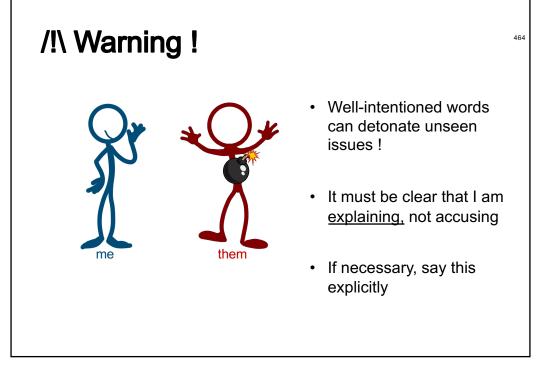






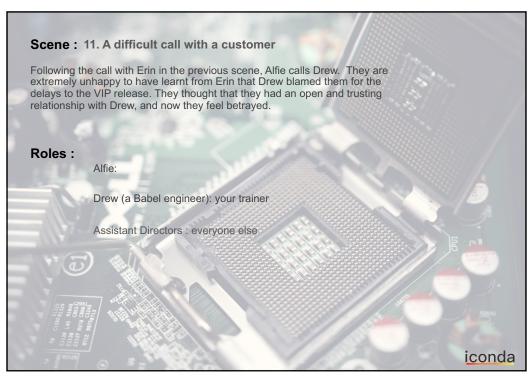
# Aspects #1, #2 and #3 The objective situation "it is .., there are .., on <date> .., the email stated ..." What I am really feeling "I am annoyed, embarrassed, confused, worried ..." What I truly need "I want, prefer, like, need, ..."

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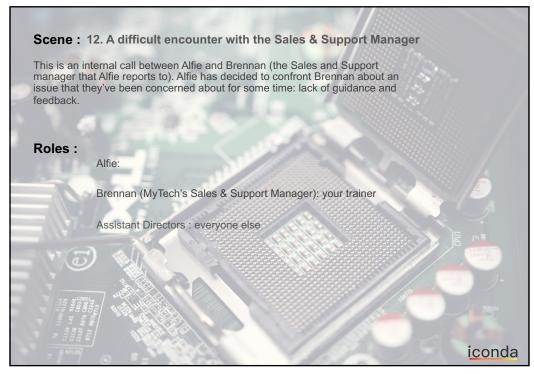


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#### **Key Points**

- The SUBROUTINE: a general purpose communication tool with 3 modes
  - Discovery (for obtaining Input)
  - Expressing/asserting myself (for producing Output)
  - For running a Self-Check: personal reflection (not covered here)
- The same principles apply in all 3 modes:
  - · Avoid judgements, rules and suppositions
  - Situations are objective, Problems & Needs subjective
  - The key is accurate expression of facts and feelings

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